



HATTON  
ACADEMY

**This certificate is to certify that on the  
18<sup>th</sup> October 2015**

***Darren Davies***

**Has completed and met the requirements of the**

**Hatton ABC Advanced Accredited Course.**



**Showing competency in the following**

- Self Defence Combinations
- Correct Pad Holding and instruction for Advanced Boxing Combinations
- Correct Punching technique and instruction for Advanced Boxing Combinations
- Structuring effective Advanced Boxing combinations
- Interval Circuit Training Routines related to Advanced Boxing for Fitness
- Safety and Injury Prevention related to Advanced Boxing for Fitness

**EARNING 10 CPD CREDITS**



**Jon Eade**

**Hatton Academy Ltd**

**REGISTER OF EXERCISE PROFESSIONALS ACCREDITATION  
REPs CODE TUP0902**

