



HATTON  
ACADEMY

**This certificate is to certify that on the  
30<sup>th</sup> January 2016**

***Darren Davies***

**Has completed and met the requirements of the**

**Hatton ABC Elite Accredited Course.**



**Showing competency in the following**

- How to organise and structure groups for boxing for fitness classes
- Correct Pad Holding technique and instruction
- Correct Punching technique and instruction
- Structuring effective Boxing Combinations
- Interval Circuit Training Routines related to Boxing for Fitness
- Safety and Injury Prevention related to Boxing for Fitness

**Jon Eade**

**Hatton Academy Ltd**

**REGISTER OF EXERCISE PROFESSIONALS ACCREDITATION  
REPs CODE TUP0901**

