

Date issued: 14/12/2015

Certificate number: 589690

Learner number: 153316

This is to certify that

Darren Davies

has been awarded the

Active IQ Level 3 Certificate in Personal Training (QCF)

(Qualification Accreditation Number 500/8820/8)

In successfully achieving this qualification the learner has been awarded the following unit(s) and credits(s)

- Anatomy and physiology for exercise and health (A/600/9051) 6 Credits at Level 3
- Applying the principles of nutrition to a physical activity programme (L/600/9054) 6 Credits at Level 3
- Delivering personal training sessions (J/600/9053) 9 Credits at Level 3
- Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2
- Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2
- Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2
- Programming personal training with clients (F/600/9052) 7 Credits at Level 3

8 Credits at Level 2

28 Credits at Level 3

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Jenny Patrickson
Managing Director

